



New Club Invitation - Fit For Life - Healthy Bodies, Healthy Minds

Dear Parent/Guardian,

We are very excited to announce that we have a new Year 3 club starting this term that will run for 12 weeks. **Healthy Bodies, Healthy Minds club (part of the fit for life initiative)** will give the children an opportunity to learn new skills whilst keeping fit in the process.

They will learn more about how to work in a team and create their own achievable targets in many fun packed activities! It has been shown that being healthy can boost energy levels, wellbeing and improve a child's performance at school. Your child has been selected to take part and we very much look forward to seeing them there!

The club will run each Tuesday between 12:30 - 1pm and will start Tuesday 14th January.

The children should go for lunch at 12pm and change into their pumps before going to the sports hall.

Please complete and return the slip below to Mrs Snowden.

Yours Sincerely,

Mrs Snowden
(P.E. Co-ordinator)

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Healthy Bodies, Healthy Minds club - FAO Mrs Snowden - Y3

I give permission for my child _____ in class _____ to attend

Healthy Bodies, Healthy Minds club, each Tuesday between 12:30 - 1pm

Signed: _____ (Parent/Guardian)