

SHARMANS CROSS JUNIOR SCHOOL MENU

w/c 13 October 2014

MONDAY	Baked Sausages
	Quorn Sausage
	Breaded Salmon Nuggets
	Soft Rolls
Tuesday	Roast Chicken Breast
	Beef Curry with Rice
	Vegetarian Quiche
	Soft Rolls
Wednesday	Roast Pork Loin
	Past King Basil & Tomato Pasta
	Vegetable Crumble
	Soft Rolls
Thursday	Beef Crumble
	Vegetable Pasty
	Quorn Burger in a Bun
	Soft Rolls
Friday	Pizza
	Cheesy Jacket
	Soft Rolls